

Reduce the risk of common sports-related injuries such as concussion & ACL rupture

ATHLETIC INJURY PREVENTION

A FREE community workshop for:

High School & Middle School Athletes

Coaches

Parent Volunteers

School District Personnel

SATURDAY, OCTOBER 28^{TH} 8:30_{am} - 12:00_{pm}

DUNKIRK HIGH SCHOOL

320 Marauder Drive (entrance) Dunkirk, NY 14048

Sponsored by:

BROOKS MEMORIAL HOSPITAL





Register online at:

www.brookshospital.org/ community-health/ upcoming-events

Questions? Contact:

Cleon Clayton, ATC BROOKS HOSPITAL SPORTS MEDICINE (716) 363-3029 or cclayton@brookshospital.org

Boys and girls sports

All ability levels

Breakfast included

Workout attire required

9/27/17